

## **Medicaid 101**

A Guide to 1915(c) Home and Community Based Services (HCBS)
Waivers

Cabinet for Health and Family Services
Department for Medicaid Services



## A Medicaid Waiver History Lesson



1965

Medicaid begins but only provides long-term care in institutional settings.



1981

The Centers for Medicare and Medicaid Services (CMS) allows 1915(c) HCBS waiver programs to provide long-term care in the community.

Family Services

### What is a waiver?

CMS allows states to "waive" certain Medicaid program requirements.



## 1915(c) HCBS Waiver Requirements

States must...

Provide the same level of care in the community as in an institution.

Demonstrate cost of care in the community is equal or less than an institution (budget neutral).

Conduct quality assurance.

Meeting these requirements allows states to receive federal dollars to pay for 1915(c) HCBS waiver services.



## Kentucky's 1915(c) HCBS Waiver Programs













### **Nursing Facility (NF) Level of Care**

- Requires high-intensity nursing care or rehabilitation services
- Complex medical needs that can only be performed or supervised by a professional
- Unstable medical condition with at least two care needs in specific areas
- Stable medical condition with at least two care needs in specific areas









## Intermediate Care Facility (ICF) Level of Care

- Intellectual disability or related condition diagnosed prior to age 18 or 22 (depending on condition)
- Has deficits in at least one activity of daily living
- Requires a planned treatment program and protected environment to live safely in the community



### **Financial Eligibility**

Participants must meet the financial qualifications for Medicaid, however, special financial considerations are made for 1915(c) HCBS waivers.



ABI

- Age 18 or older
- Have a brain injury
- Meet NF level of care
- Need acute rehabilitation

ABI LTC

- Age 18 or older
- Have a brain injury
- Meet NF level of care
- Need long-term, intensive support





- Age 65 or older and/or physically disabled
- Meet NF level of care



- Ventilator dependent 12 or more hours a day
- On an active, physicianmonitored weaning program
- Meets NF level of care





- Have an intellectual or developmental disability
- Meet NF or ICF level of care

SCL

- Have an intellectual or developmental disability
- Meet ICF level of care



# Services Offered by Kentucky's 1915(c) HCBS Waivers

Goods & Services

Environmental & Minor Home

Modifications

Non-Specialized Respite

Personal Care & Homemaking

Day Training\*

Counseling & Behavior Services\*

Residential Services\*

Supported Employment\*

\*Service not available in all waivers

Waiver participants also have access to services offered by Kentucky's state Medicaid program.



# Services Offered by Kentucky's 1915(c) HCBS Waivers

The Modell II Waiver (MIIW) differs slightly from the rest and offers three services only.

Skilled Services by a Registered Nurse

Skilled Services by a Licensed Practical Nurse

Skilled Services by a Respiratory Therapist



## **Service Delivery Options**

### **Traditional**

Participants use agencies to deliver all of their waiver services.

### Participant-Directed (PDS)

 Participants hire their own employees, including friends, family or natural supports

### Blended

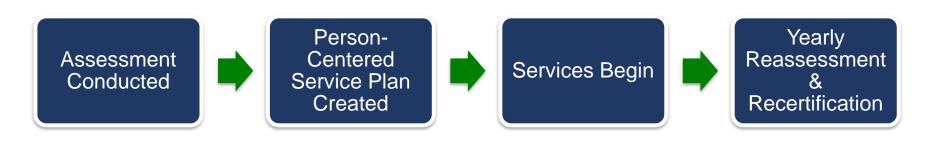
 Participants use agencies for some services but hire their own employees for others.



### From Application to Services



\*MPW and SCL currently have wait lists. Individuals who qualify for a slot will be placed on the list.





### **Waiver Resources**



### **Visit Us Online:**

Go to chfs.ky.gov and search "Community Alternatives"

### News from the 1915(c) HCBS Waiver Programs

Service authorization changes: As of Nov. 25, 2019, case managers are approving most services on person-centered service plans for 1915(c) HCBS waiver participants. DMS has released several resources for stakeholders.

- Training Materials: Service Authorization Training Notice (A): Service Authorization
   Training Webinar Recording, Service Authorization Training Guide (A): Service

   Authorization Quiz
- Service Authorization Standard Operating Procedure
- Service Authorization Crosswalks: <u>ABI/ABI LTC</u> 色 <u>HCB</u> 色, <u>Model II</u> 色, <u>MPW</u> 色, <u>SCL</u> 色
- Summary of MWMA Improvements for Providers
- MWMA Quick Reference Guides: <u>LOC Determination</u> ②. <u>LOC Review</u> ③. <u>Creating/Modifying PCSPs</u> ③. <u>Prior Authorizations</u> ③. <u>Program Closures</u> ③. and <u>Services Requiring CHFS review</u> ③.
- Instructional Guide: Locating PA Information in MMIS
- Letters: <u>Service Authorization for Participants</u> (A). <u>Service Authorization for Providers</u> (A). <u>Additional Service Authorization Guidance Letter</u> (B)
- Examples: Team Meeting Sign-In Sheet 🗷

If you have questions about service authorization policy, contact <u>DMS</u>. If you have technical issues or questions about MWMA, please call (800) 635-2570.

Patient liability: On Jan. 1, 2020, DMS changed the way it calculates patient liability for 1915(c) HCBS waiver participants. Read the Patient Liability Participant Letter . Patient Liability Provider Letter or the Patient Liability Brochure .

- Program updates
- Links to regulation and related DMS sites
- Program brochures and information
- Waiver redesign resources
- How to contact us



### Waiver Contact Information

### **Visit Us Online:**

Go to <a href="mailto:chfs.ky.gov">chfs.ky.gov</a> and search "Community Alternatives"



**Call Us:** (844) 784-5614

### **Email Us:**

1915cWaiverHelpDesk@ky.gov



MedicaidPublicComment@ky.gov

To Apply:

benefind.ky.gov



### That's All Folks!



